

## Dinner Specials

### **Open Face Turkey Sandwich- \$12.00**

Served with mashed potato, gravy  
and daily vegetable.

### **Homestyle Meatloaf- \$12.00**

Seasoned beef baked in a loaf and  
served with brown gravy. Served  
with choice of two sides.

### **Chicken Cordon Bleu- \$13.00**

Crumb coated stuffed chicken with  
Swiss cheese and sliced ham served  
with beurre blanc sauce.  
Served with two sides.

## Single Items

Garden Salad - \$2.50

Cup of Soup - \$2.00

Bowl of Soup - \$3.00

Baked Potato - \$3.50

French Fries - \$2.50

Sweet Potato Fries - \$2.50

Rice Pilaf - \$2.00

Mashed Potato - \$1.75

Fresh Fruit - \$2.00

Coleslaw - \$1.00

Daily Vegetable - \$1.75

Single Prepared Egg- \$1.50

Two Prepared Eggs - \$2.50

Cottage Cheese — \$2.50

## Beverages

Meals include a max. of 2 drink choices

**Refillable Choices-** Coke, Diet,  
Sprite, Root Beer, Dr. Pepper,  
Sugar-Free Iced Tea, Lemonade,  
Orange, Apple, Cranberry, Coffee  
(Regular or Decaf), Hot Tea.

### **Non-Refillable Choices-**

Pineapple juice, V8 juice and Milk

*We may not be able to  
accommodate all dietary requests.*

## Desserts

**Residents** with a meal plan may have a  
dessert per meal.

**Single Scoop Ice Cream - \$1.00**

**Sundae - \$2.50**

*Just like a sundae shop! Choose two scoops of ice  
cream, add a sauce choice, and choose one  
topping. We will finish it off with  
whipped cream and a cherry.*

**Sugar Free Sundae - \$2.75**

*No sugar added vanilla ice cream, chocolate  
sauce, whip topping and nuts.*

**SF Vanilla Scoop - \$1.25**

**SF Vanilla Double Scoop - \$2.50**

**Strawberry Cheesecake - \$2.50**

*Creamy Cheesecake with strawberry topping*

**Lemon Bar - \$2.75**

*Tangy lemon filling on flakey crust*

*Add ice cream \$1.00*

**Blueberry Pie - \$2.50**

*House baked pie in a flaky crust Add ice cream  
- \$1.00*

**Chocolate Cream Pie - \$3.00**

*Banana and chocolate chips baked in a custard  
soaked bread topped with Caramel*

*Add ice cream -\$1.00*

**Lemon Meringue pie - \$2.00**

*Thick sliced lemon pie in a pastry crust*

*Add Ice Cream - \$1.00*

**Flourless Chocolate Cake - \$2.75**

*Served with Raspberry sauce*

*(Gluten-free)*

**Raspberry Shortbread Dessert Bar**

*(Gluten Free) - \$2.00*

*Subject to availability*

# EAGLE'S VIEW

## MENU



*Pick-up or Dine-In*

**Hours: Tuesday,  
Wednesday, Thursday**

**11:30 a.m. - 5:30 p.m.**

*Closed from 3-4 p.m.*

**360-652-2629**

## Salad Menu

Each salad comes with garlic bread.

**Dressings** – 1000 Island, Blue Cheese, Honey Mustard, Ranch, Salsa Dressing, Italian, Caesar.

### **Cobb Salad - \$ 11.00**

Crispy romaine lettuce with rows of hard boiled egg, grilled chicken, bacon, creamy avocado, blue cheese crumble and diced tomato and choice of dressing.

### **Chicken Caesar Salad – \$11.00**

Chopped Romaine tossed with fresh-made Caesar dressing\*, croutons, Parmesan and Asiago cheeses and a sliced breast of Chicken and a lemon wedge.

### **Steak and Field Greens Salad - \$12.00**

Top round steak grilled to medium on top of a field green salad with thinly sliced red onion, roasted walnuts, cranberries, and blue cheese crumble and served with house-made citrus dressing.

### **Taco Salad – \$11.00**

Choose Chicken or Beef options shredded Iceberg lettuce topped with refried beans, guacamole, cheddar cheese, olives, jalapenos, bell peppers with red and green onions topped with fresh fried tortilla chips served with salsa and sour cream dressing.

### **Grilled Shrimp Salad -\$11.00**

Grilled Shrimp Skewers served on top of Shredded Iceberg lettuce topped with sliced hard-boiled egg, tomato, olives with choice of dressing

### **Crispy Chicken Salad – \$11.00**

Crisp Romaine tossed with ranch dressing, cucumbers, roasted corn, carrots, red onion topped with fried chicken. Your choice of dressing.

## Sandwich Menu

Sandwiches come with two choices of fries, sweet potato fries, coleslaw, fresh fruit, garden salad or cup of soup.

### **BLT –Full \$9.00 Half \$6.50**

Smoked bacon, spring mix and tomato with mayonnaise on your choice of toasted bread.

### **French Dip –Full \$11.00 Half \$9.00**

Roasted Top Round sliced thin, melted provolone cheese on a toasted alpine French sub roll served with au jus.

### **Pastrami – Full \$11.00 Half \$7.50**

Pastrami, Dijon Mustard, coleslaw and Swiss Cheese grilled on marbled rye.

### **Deli Sandwich –Full \$9.00 Half \$7.50**

All sandwiches come with spring mix, tomato, red onion and mayonnaise. Ask your server for meat, cheese and bread choices

### **Grilled Cheese – Full \$9.00 Half \$7.50**

Pick up to two cheeses and your bread, we will bring out a golden brown sandwich.

### Full Sandwiches

#### **Fried Chicken Sandwich -\$11.00**

Served on toasted Brioche bun with shredded lettuce, tomato, onion, pickle and Alabama BBQ sauce.

#### **Bacon Cheeseburger - \$13.50**

1/3 lb. Certified Angus Beef\* patty grilled served with Shredded Lettuce, Tomato, Onion, dijonnaise and choice of cheese topped with two strips of bacon served on Toasted Brioche bun.

*All burgers are prepared to medium well.*

## Entrée Menu

\*\*Most meals come with two sides – fries, sweet potato fries, coleslaw, fruit, vegetable, baked potato, mashed potato, rice, cup of soup or garden salad.

### **Breakfast\*\* \$8.00**

Build your breakfast, the server will walk you through your options.

### **Breaded Deep Fried Cod-\$ 11.00**

Served with House tartar sauce and choice of two sides.

### **Shrimp Scampi- \$12.50**

Five large shrimp sauteed in garlic butter and tossed with angel hair paste served with choice of one side and garlic bread

### **Teriyaki Salmon-\$12.00**

Oven baked Teriyaki glazed Salmon. Served with choice of two sides.

### **Chicken Tender Meal - \$10.50**

Crispy chicken tenders prepared plain or Buffalo style. Served with choice of two sides.

### **St. Louis BBQ Ribs - \$12.50**

Slow smoked pork ribs grilled and basted with our house BBQ sauce. Served with choice of two sides.

### **Pot Roast - \$12.50**

Slow oven roasted pot roast topped with beef gravy served with roasted red potato and baby carrots.

\*Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk for foodborne illness

\*\* These menu items have limited or different side options, your server will be able to assist you.

## Heart Healthy Selections

(WBCS Dietician Approved)

### **Tuna Fish Sandwich**

**Whole - \$9.00 Half - \$7.50**

Tuna fish sandwich on whole wheat bread, Spring mix, sliced tomato and red onion.  
Served with sweet potato chips.

### **Grilled Chicken Breast - \$12.00**

Marinated in our low sodium Italian dressing and grilled.  
Served with your choice of two sides.

### **Healthy Baked Salmon - \$13.00**

Topped with a mixture of olive oil, lemon, black pepper and Italian herbs. Served with your choice of two sides.

### **Turkey Burger - \$13.00**

Lean ground turkey patty grilled and topped with avocado spread, spring mix, tomato and red onion on a whole wheat bun.  
Served with your choice of one side.

### **Egg White Vegetable Omelet - \$10**

Egg white vegetable omelet with mozzarella cheese & whole wheat toast.  
Served with your choice of one side.

### **Whole Wheat Chicken Wrap - \$12**

Grilled diced chicken with sliced roma tomatoes, spring mix, roasted red peppers and a hummus spread.  
Served with your choice of two sides.

### **Recommended Side Options:** Fresh Fruit - \$2.00

Side Salad - \$2.50

Coleslaw (light dressing) - \$1.00

Daily Vegetable - \$1.00

Brown Rice - \$2.00

### ***Healthy Dressings Available:***

*Low-fat ranch, low-fat/low-sodium French,  
low-fat/low-sodium Italian.*